



Piksa 3. Ol sampela kain pi (peas)

LUKAUTIM SID

Putim ol gutpela sid istap bilong planim gen. Painim moa sid long maket, stoa na wantok bilong planim sapos yu yet nogat. Planim planti long taim bilong ren na draim bilong kaikai long taim bilong san.

Sapos yu laik save moa long dispela toktok na ol arapela wok bilong NARI, rait i kam long:

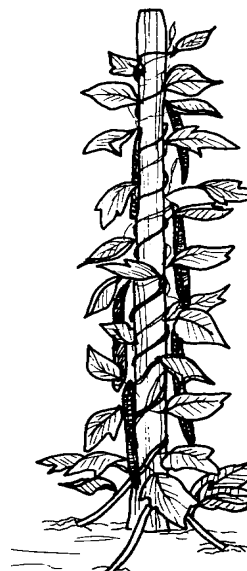
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Ol Rot Bilong Rerim Na Kaikai Drai Bin



LUKAUTIM YU YET LONG TAIM NOGUT

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I gat kainkain **BIN** long Papua Niugini. Sampela kain ol bin em: soia bin, as bin, snake bin, ol pis, sotpela pin, lima nib na ol bin bilong ples.

Ol manmeri i save kaikai taim ol i grin yet olsem kumu. Sampela olsem bin sid taim i rere.

Tasol planti i no save long rot bilong draim na putim bilong kaikai. Ol i save putim liklik tasol olsem sid bilong planim bihain.



Piksa 1. Soia bin long gaden

ROT BILONG DRAIM NA PUTIM BIN GUT

- ♦ Larim bin i drai yet long gaden na kisim.
- ♦ Putim long san wantaim skin inap ol sid i drai gut tru orait bihain rausim skin.
- ♦ Narapela rot em rausim ol wanwan bin sid na putim long san inap ol i drai gut tru.
- ♦ Putim drai sid insait long tin o botol wantaim liklik sit bilong paia o sili bai ronim binatang.

- ♦ Botol o tin i mas gat lid bilong pasim gut bai binatang na wara i noken go insait.

RERIM DRAI BIN BILONG KAIKAI

- ♦ Putim 1 kap drai bin insait long 4 kap wara na boilim liklik taim (2 minit).
- ♦ Sanapim 1 aua na kukim gen inap bin i malomalo.
- ♦ Narapela rot em larim drai bin i sindaun long wara long 1 nait na kukim inap bin i malomalo.
- ♦ Yu ken wokim sup wantaim kumu na abus o kaikai bin yet wantaim sol.

Planti bin igat gris bilong givim bodi olsem ol abus igat. Planim planti bin long gaden olgeta taim, draim na putim istap bilong kaikai bihain. Yumi mas rere oltaim long taim nogut.



Piksa 2. Soia bin i drai na rere long kisim long gaden